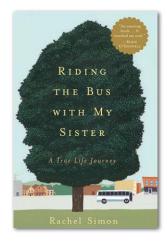
LOVE EVERYTHING IS HORRIBLE AND WONDERFUL? THEN TRY...

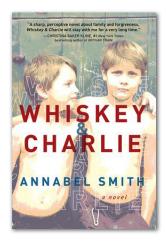
PERFECTLY IMPERFECT SIBLING RELATIONSHIPS

Whether you and your familial crew are best friends or absolute rivals, there is no denying the unique and complex bonds found only between siblings. Explore a vast array of brother and sister relationships with these books...



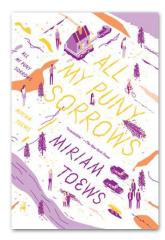
Riding the Bus with My Sister

An incredibly heartwarming memoir about the unbreakable bond between two very different sisters takes the reader on an inspirational journey that is at once unique and universal.



Whiskey and Charlie

When Charlie hears that Whiskey has been in a terrible accident and has slipped into a coma, Charlie can't make sense of it. Who is he without Whiskey? A compelling and unforgettable novel about rivalry and redemption.

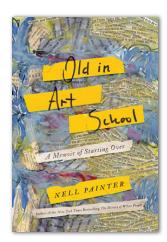


All My Puny Sorrows

Elf and Yoli are sisters raised in a Mennonite household. On the surface. Elf's life is enviable and Yolandi's is a mess. After Elf's latest suicide attempt, Yoli must determine how to keep her family from falling apart and what it means to love someone who wants to die.

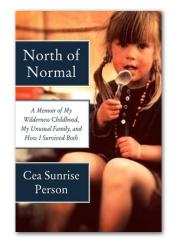
MEMOIRS THAT MAKE US LAUGH & CRY

As we've learned from Stephanie's book, and in our own lives, each day can be both horrible and wonderful - we're all just figuring it out. If you loved our Spotlight memoir, try one of these touching, funny stories that will both break and warm your heart – sometimes within a single paragraph.



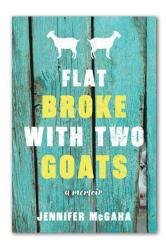
Old in Art School

"Old in Art School is a glorious achievement-bighearted and critical, insightful and entertaining. This book is a cup of courage for everyone who wants to change their lives." -Tayari Jones, author of An American Marriage



North of Normal

"Think your family is weird? Cea Sunrise Person slept in a tepee in the Canadian Rockies for most of her childhood, and then by age 15 was modeling in Paris. Her memoir, North of Normal, retraces her unique path." - Cosmopolitan



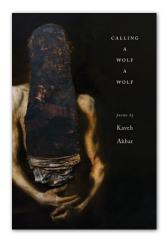
Flat Broke with Two Goats

"McGaha lays bare the flaws in her marriage, the poor choices that led them to rock bottom and how they found their way to a new definition of home." - BookPage

LOVE EVERYTHING IS HORRIBLE AND WONDERFUL? THEN TRY...

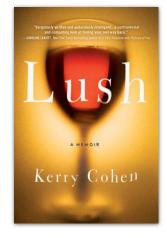
BATTLING ADDICTION

Addiction is a complex disease, one that cannot be cured with good intentions alone. Understanding the problem is part of the greater battle, and hoopla has titles to help you and your family grapple with many different types of addiction. While a few are highlighted here, please see our greater collection by visiting https://www.hoopladigital.com/collection/5088.*



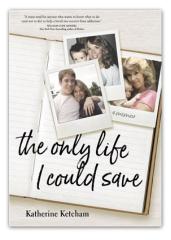
Calling a Wolf a Wolf

"Knowing Leslie Jamison just wrote a wildly successful book about alcoholism, I wish I could show little eight-year-old Kaveh what this future would be like. I still get lonely, get sad often, but the difference is now I can point to all these luminaries in the world who are saying, 'I was there too, and I made this art because of it." — The author, Kaveh Akbar, in Granta



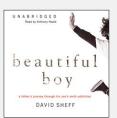
Lush

For any woman who has wondered how much wine is too much wine, clinical psychologist and licensed therapist Kerry Cohen provides a provocative and eye-opening look at the culture of drinking through the lens of her own experience.



The Only Life I Could Save

"There are many books written on addiction, but this one will grab you and hold you tight. It will show you that beauty and love are always there for the finding." —Debra Jay, author of It Takes a Family



Beautiful Boy

David Sheff's story is a first: a teenager's addiction from the parent's point of view, a real-time chronicle of the shocking descent into substance abuse and the gradual emergence into hope.

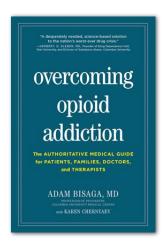


Tweak

In writing that is raw and honest, David Sheff's son Nic spares no detail in telling from his own perspective the compelling, heartbreaking, and true story of his relapse and the road to recovery.

Did You Know?

During fall 2018, the film *Beautiful Boy*, starring Timothée Chalamet and Steve Carell, will arrive in theaters. Based on these two parallel books written separately by father and son David and Nic Sheff, the movie will show the multiple sides of addiction and the devastation that surrounds it.



Overcoming Opioid Addiction

Drug overdoses are now the leading cause of death for Americans under the age of 50. Opioid abuse accounts for two-thirds of these overdoses, with over 100 Americans dying from opioid overdoses every day. Overcoming Opioid Addiction provides a comprehensive medical guide for opioid use disorder (OUD) sufferers, their loved ones, clinicians, and other professionals.

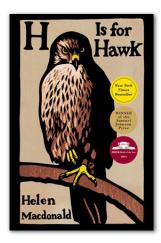
*If you or a loved one is facing substance abuse or mental health struggles, please do not hesitate to get help. One place to start is the National Helpline for SAMHSA – Substance Abuse and Mental Health Services Administration – at 1-800-662-HELP (4357), which provides free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.



LOVE EVERYTHING IS HORRIBLE AND WONDERFUL? THEN TRY...

GOOD GRIEF

After the loss of a loved one, grief can seem immediately insurmountable, and over time erratic – crashing in waves and receding at no predictable interval. Turning to the stories of others, as well as books from professionals, is a great way to explore your own process in a way and on a timeline that works for you. While we've featured a few titles here, we encourage the grieving to view a more complete collection at https://www.hoopladigital.com/collection/5089.**



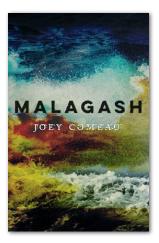
H Is for Hawk

Helen Macdonald's story of adopting and raising one of nature's most vicious predators has soared into the hearts of millions of readers worldwide. A genre-defying debut from a transcendent voice.



It's OK That You're Not OK

Megan Devine offers a profound new approach to both the experience of grief and the way we try to help others who have endured tragedy. Having experienced grief from both sides—as both a therapist and as a woman who witnessed the accidental drowning of her beloved partner—Megan writes with deep insight about the unspoken truths of loss, love, and healing.



Malagash

"Malagash is a unique take on death in the digital age. Comeau presents a forthright yet eloquent story about life, death, and what we leave behind. Highly recommended." —Atlantic Books Today

^{**}If you or a loved one is experiencing grief after a loss due to substance abuse, one place to begin looking for help is with the organization GRASP – Grief Recovery After a Substance Passing. Harris Wittels's mother, Maureen, founded the first Houston, Texas, support group after her son's death, and the organization operates in over 100 additional US and Canadian cities. Locate a chapter at http://grasphelp.org/community/meetings/.